

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Classic	Croissants, cured ham, sliced cheese	Local butcher's sausages, hash browns, poached eggs	American pancakes, bacon, mushrooms	Local butcher's sausages, scrambled egg, tomato	Belgian waffles, crème fraiche	Full English	Chef's choice
Chilled	Cereals, semi-skimmed milk, natural yoghurt, honey, fresh fruit & fruit juice						
Everything else...	In addition to our menu, we also offer daily: sliced breads for topping or toasting, butter, spreads, jams & toast toppers, filtered water & seasonal fruit						

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Soup	Homemade soup of the day						
On the side...	Handmade Bread	Handmade Bread	Handmade Bread	Handmade Bread	Handmade Bread		
Classic	Beef Bolognese, pasta, garlic bread Mediterranean roasted veg, sweetcorn	Lamb & sweet potato rogan josh or chicken & coconut korma curry Rice, bhajis, yoghurt & chutney	Braised beef & mushrooms in a Yorkshire pudding, mashed potato, gravy, broccoli, roasted root veg	Chicken fajitas, tortilla wrap, homemade wedges, green beans, green salad	Battered cod, lemon mayo or chicken Goujons Skin-on fries, peas, baked beans	Big brunch	Bistro brunch
No meat	Vegan Bolognese	Chickpea & spinach lentil dal	Roasted vegetable pasta	Falafel with pickled coleslaw	Vegan southern fried strips		
Light, simple	Bacon & egg flan, flaked tuna, egg mayo	Grated cheese, chicken wings, feta & olives	Shredded ham, tuna & sweetcorn, hummus	Coronation chicken, chef's quiche, smoked mackerel	Roast beef, grated Cheese		
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles SELF HELP, CREATE YOUR OWN SALAD						
Pudding & desserts	Apple crumble, custard	Chocolate crunch with chocolate sauce	Lemon drizzle cake	Sticky toffee pudding	Doughnuts		
Everything else...	In addition to our menu, we also offer daily: baked potatoes, freshly baked breads, filtered water, yoghurts, jellies & seasonal fruit						

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Classic	Local butcher's sausages, chips, beans	Piri piri chicken, roasted new potatoes, peas	Chicken Milanese, crushed new potato, green beans	Indonesian fried chicken, Nasi Goreng, spring rolls, prawn crackers	Beef stroganoff, mashed potato, broccoli	Chef's special	Roast chicken gravy, roast potatoes, market vegetables
No meat	Cheese & tomato omelette	Goat's cheese tart	Pumpkin risotto	Vegetable Nasi Goreng	Mushroom stroganoff	Chef's special	Loaded bell peppers with tomato & pepper sauce
Chilled	Fresh salad bar, all the favourites, market specials, daily protein, dressings & drizzles. SELF HELP, CREATE YOUR OWN SALAD						
Everything else...	In addition to our menu, we also offer daily: freshly baked breads, soup in the winter months, filtered water, yoghurts, jellies & seasonal fruit						Fruit pie, short crust pastry, custard